



Participant Report Form - KA1 – Learning Mobility of Individuals – Mobility of staff in adult education

Fields marked with * are mandatory.

1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

2 Identification of the Participant and General Information

* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Ágnes Sebestyén

* 2.2 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

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- * 2.3 Was this your first staff mobility period financed by the Erasmus+ or Lifelong Learning Programmes?
- Yes
 - No
- * 2.5 Was a mobility agreement signed before the mobility?
- Yes
 - No
- * 2.6 What type of activity did you carry out?
- Teaching assignment
 - Participation in a structured course
 - Participation in a training event (e.g. conference)
 - Job-shadowing/observation period
- * 2.7 Was your activity linked to the European Development Plan of your home organisation?
- Yes, well linked
 - Yes, but not well linked
 - No
 - I don't know
- * 2.8 What were your main motivations for taking part in this Erasmus+ mobility?
- To learn from good practice abroad
 - To experiment and develop new learning practices and teaching methods
 - To gain practical skills relevant for my current job and professional development
 - To reinforce or extend my professional network
 - To share my own knowledge and skills with learners and/or other persons
 - To reinforce the cooperation with a partner institution/organisation
 - To build cooperation with players in the labour market
 - To create spin-off effects for the launch or development of new educational activities
 - To increase my social, linguistic and/or cultural competences
 - To increase my job satisfaction
 - To make new contacts
 - To increase my career opportunities
 - Other

3 Achievements and impact

3.1 Personal and professional development: thanks to this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I have learned from good practices abroad	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have gained practical skills relevant for my current job and professional development	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have reinforced or extended my professional network	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have shared my own knowledge and skills with students and/or other persons	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have reinforced the cooperation with a partner institution/organisation	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have enhanced my organisational/management/leadership skills	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have built cooperation with players in the labour market	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

*I have built cooperation with players in civil society	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have improved my foreign language skills	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have increased my social, linguistic and/or cultural competences	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have improved my competences in the use of Information and Communication Technology tools (e.g. computer, internet, virtual collaboration platforms, software, ICT devices, etc.)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have increased my job satisfaction	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have enhanced my career opportunities	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have built up new contacts	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.2 Furthermore...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I have increased my awareness on new methods of assessing/giving credit for skills or competences acquired in formal/informal learning context	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have improved my knowledge of the subject taught/of my professional area	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have refreshed my attitude towards teaching/training	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have upgraded my knowledge of adult education systems in other countries	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have increased my awareness of (European) funding mechanisms for adult education projects	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.3 My participation in Erasmus+ had the following impact on my sending institution

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*Will lead to the use of new teaching/training methods/approaches/good practices at my sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Has led to the use of new teaching/training methods/approaches/good practices at my sending institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Will lead to better motivation of learners in the subject I teach	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Has led to the introduction of new teaching/training subject(s)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Will lead to the introduction of changes in the organisation/management of my sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Has led to the introduction of changes in the organisation/management of my sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Will lead to new/increased cooperation with the partner institution/organisation(s)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Has led to new/increased cooperation with the partner institution/organisation(s)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Will lead to internationalisation of my sending institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Has led to internationalisation of my sending institution	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 3.5 In the future...

- I intend to participate in other Erasmus+ activities
- I am more motivated to carry on developing my professional skills

4 Certification and Formal Recognition

* 4.1 Have you received formal recognition for satisfactorily completed activities of the programme (for example a certificate, diploma etc.)?

- Yes
- No

* 4.2 What type of certification did you receive?

- Course Specific Certificate
- Europass Mobility Document
- Other

* 4.4 In what way will your mobility be recognised by your sending institution?

- Informal recognition by the management
- Salary increase
- Other
- Not recognised at all

5 Conclusions

* 5.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 5.2 Would you recommend this experience to a colleague?

- Yes
- No

* 5.3 How do you plan to share your experience?

- With a written report
- At staff meeting(s)
- At conference(s)
- At workshop(s) with colleagues
- In the media
- Other
- No plans to share

5.4 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future projects as well as to the National Agency or the European Commission.

The personal and professional qualities of the trainers and the efficiently organised training course have given us a new impetus to find more creative and innovative methods and integrate applications in our teaching environment that are both motivating and engaging for the students. It is an imperative for a teacher of the 21st century to become familiar with the creative use of technological devices in the classroom. The course has provided the participants with a sense of confidence with which they can become more satisfied and competent teachers.

6 Publication and Usage Rights of the Information and of the Email Address

* 6.1 I'm willing to help staff and students based on my on Erasmus+ experience. They can contact me at my email address.

- Yes
- No

* 6.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

- * 6.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.

Yes

No

Contact

<http://ec.europa.eu/programmes/erasmus-plus/tools/national-agencies/>
